

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ruan Prinsloo

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 00:52:44

PACE 05:15/km

OVERALL 46 of 287

GENDER 36 of 157

40+ 13 of 35

04 December 2016, Sun

Date



Bout Time
Signature